

Reflecting on Your Experience as a Mentee

Think about *your* mentoring experiences and the people who were there to guide, support, and strengthen you:

My mentors were:

When did they come into my life?

What wisdom have I gained from each of them?

What were the most satisfying aspects of those relationships, and why?

What were the least satisfying aspects of those relationships, and why?

What did I learn about being a mentor from these experiences?

What did I learn about being a mentee?